



Pain Management Referring Provider Resource

Referral Requirements:

- Please fax last three visit notes along with any pertinent MRI or X-ray reports (within the past 2 years) to 303-840-7159. Patients should have been seen by their referring physician within 30 days prior to initiating a referral to RMPS to ensure accuracy of information regarding pain history and medical history.
- If pertinent MRI or X-ray images within the past 2 years are available, please send with the patient or mail to our office at 16830 Northgate Dr #130 Parker, CO 80134. If images are older than 2 years, and the source or location of pain is clear, please order a new MRI without contrast of the body region to review at their new patient appointment expedite patient care and management. If uncertain, our providers may assist with this during the new patient consultation.
- Our providers **DO NOT** guarantee, nor is it typical, for narcotic medications to be prescribed during a patient's first appointment with our office. RMPS follows DEA and state compliance regulations and requires PDMP review and an initial urinalysis from patients. After patient relationship has been established and pending lab results are obtained, we may initiate narcotic medications for patients, if they agree to, and abide by our pain contract and prescription policies. It will be up to the referring or previously prescribing provider to continue with medication management in the interim.
- Narcotic medications are one approach of pain therapy and never represent the sole method of pain control. Our providers recommend a multi-disciplinary approach, which may include: non-opioid medications, daily home exercises, physical therapy, chiropractic manipulation, interventional treatments, DME and pain psychology.
- In compliance with the Colorado Department of Regulatory Agencies, "Policy for Prescribing and Dispensing Opioids", all attempts will be made to eliminate or minimize opioid use to less than an average daily 120 mg morphine equivalent dose (MED) through a multi-disciplinary approach to pain management, as noted above.
- RMPS offers a specific medical expertise in pain management. If a patient's pain and management needs stabilize with reasonable control, they may be discharged back to their primary care provider. Such patients may still be seen in our clinic on a quarterly, biannual or annual basis to ensure ongoing appropriate management, however. Should their pain worsen at any point, become poorly controlled, or a new complaint arise, the patient may return for repeat evaluation and further treatment.